

Anita Jansen is full professor of Experimental Clinical Psychology in the Clinical Psychological Science Department at Maastricht University, the Netherlands. She is also dean of the Faculty of Psychology and Neuroscience. Jansen participates in the Eating Disorder & Obesity research group with a focus on the psychology of eating. Her research activities cover a broad domain: the primary focus is the experimental study of psychological maintenance mechanisms and vulnerability factors in eating disorders, obesity, dieting and body image disorders. A secondary focus is to translate the experimental findings into cognitive and behavioural interventions that may change cognitions and behaviour. Jansen is associate editor of Behaviour Research and Therapy and she is a selected member of the Royal Netherlands Academy of Arts and Sciences (KNAW).