Giovanna Muscogiuri graduated cum laude in Medicine from Catholic University, Rome in 2006 and then carried out postgraduate residency in Endocrinology and Metabolic Disease at the same University, obtaining her degree of specialization cum laude in 2012. She attended the post-doctoral fellowship at University of Texas Health science Center at San Antonio, TX – USA where she began her research in metabolic disease. Her research is on a range of nutritional topics including the study of insulin resistance, insulin secretion, GLP- 1 and vitamin D. She is currently focused on the study of the role of obesogens in the pathogenesis of obesity. She has received several awards for her scientific achievements in the metabolic research field. She has written or co-authored over 100 papers in peer-reviewed scientific journals and serves on the Editorial Boards of several endocrinological and/or metabolic journals.