

Jenny Gillespie

- A registered dietitian (graduated with BSc (Hons) Nutrition and Dietetics from Robert Gordon University, Aberdeen in 2006 following a BSc (Hons) Health Sciences with Nutrition, Aberdeen University 2004).
- Held various positions in voluntary organisations and National Health Service in Scotland including 10 years with the Paediatric Overweight Service, NHS Tayside.
- A keen interest in childhood obesity prevention and the use of social marketing and co-production to engage communities in local solutions to the obesogenic environment. Experience of supporting children and their families in delivering an evidence based childhood weight management programme and in training a wide range of professionals in childhood obesity and raising the issue of child healthy weight.
- Co-authored chapters on childhood obesity prevention and management in dietetic / public health textbooks and lead author in peer reviewed publication including Human Nutrition and Dietetic and Public Health.
- Currently in final year of a PhD, supervised by Professor John Reilly at University of Strathclyde, Glasgow. Title: 'Healthy Habits Happy Homes: Translation of an early childhood obesity prevention intervention to socio-economically deprived families in Scotland.'
- Mum to two daughters aged 4 & 7.