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Michael Nauck is currently the Head of Clinical Research at the Diabetes Division, Medical Department I, St. Josef-Hospital (Ruhr-University Bochum) in Bochum, Germany. From 2000 to 2014, he was Head Physician at the Diabeteszentrum Bad Lauterberg im Harz, Germany, a specialised hospital for the care and therapy of patients with diabetes and other metabolic diseases. He has previously held clinical and research positions at leading German university departments in Gastroenterology and Endocrinology. Professor Nauck teaches at both Georg-August University in Göttingen, and Ruhr-University, Bochum, both in Germany. In addition, Professor Nauck maintains an active clinical practice and a productive research programme.

He has a particular research interest in the role and impact of gastrointestinal peptide hormones in the physiological and therapeutic stimulation of insulin secretion. He has been acknowledged for major contributions to the development of new therapeutic agents for the treatment of type 2 diabetes based on antidiabetic properties of the gut hormone GLP-1, e.g. incretin-based glucose-lowering medications (GLP-1 receptor agonists and inhibitors of dipeptidyl peptidase-4). Additional areas of interest are spontaneous hypoglycaemia, pancreas transplantation, cardiovascular disease in type 2 diabetic patients and its modulation by different glucose-lowering therapies. Professor Nauck has been honoured with several awards for his research, including the Ferdinand-Bertram Award (1993), the Werner-Creutzfeldt Award (2007) and the Paul Langerhans Medal (2012) of the Deutsche Diabetes-Gesellschaft (German Diabetes Association).

Professor Nauck is member of a number of professional societies, including the German, European and American Diabetes Associations, the International Diabetes Federation and the American Physiological Society. He has served as reviewer for all major diabetes journals and has published more than 190 original articles, 144 reviews and book chapters, and over 400 meeting abstracts.