

Milla Rosengård-Bärlund received her MD from the University of Helsinki in Finland in 1999. After completing her Specialist Degree in Internal Medicine in 2012, she received her PhD in 2014 in the field of diabetic neuropathy. The opponent was Professor Andrew Boulton from the University of Manchester, UK. She obtained her Specialist Degree in Endocrinology in 2016. Her current position is Consultant in Endocrinology, Diabetes and Obesity at Helsinki University Hospital, Endocrinology and Obesity Center, which belongs to a distinguished group of European Centers of Obesity Management. She is a research fellow in Professor Kirsi Pietiläinen 's Research Group at Obesity Research Unit, University of Helsinki, Finland, examining the effect of eHealth weight loss and maintenance.