



European Association for the Study of Obesity



28 April - 01 May, 2019  
Glasgow, Scotland

# 26<sup>TH</sup> EUROPEAN CONGRESS ON OBESITY

**28 APRIL - 01 MAY, 2019**

SCOTTISH EVENT CAMPUS (SEC)

GLASGOW, SCOTLAND



**ECO2019: Joint Teaching Course for Dietitians  
EASO Nutrition Working Group, EFAD ESDN and BDA  
Sunday 28 April 2019: 08.30 to 12.30**

## Session 1: Dietary Management of Obesity

Chairs: E Govers (Netherlands), T Handjieva-Darlenska (Bulgaria)

Welcome and Introduction	M Hassapidou (Greece)
Dietary Management of obesity in adults: Pitfalls & opportunities in Europe Joint position paper of the ESDN Obesity of EFAD and the NWG of EASO	
Dietetic Management Interventions in Adults: Evidence and Application	H Mulrooney (Ireland)
Long Term Weight Management	E Blaak (Netherlands)
Setting up a hydrogenic environment for children and adults, why and how	J Bottin (France)
Open coffee and general discussion	

## Session 2: Case studies

Chairs: M Hassapidou (Greece), A Rito (Portugal)

Case study 1: Adult Obesity Long Term Complications after Bariatric Surgery	S Polovina (Serbia)
Case study 2: A family approach to managing childhood obesity: a case study	L Stewart (Scotland)
Case study 3: Adult Obesity with Comorbidities	E Govers (Netherlands)
Case Study 4: Comorbidities and their Impact on Childhood Obesity	J Gillespie (Scotland)
Where to go from here, from the Patients Point of View	S Sigurðardóttir (Iceland)

**SPECIAL RATES FOR HCPS AND  
FREE ACCOMMODATION AVAILABLE**

[www.eco2019.org](http://www.eco2019.org)