Kenneth P. Wright Jr., PhD

Ken Wright is Professor in the Department of Integrative Physiology and Director of the Sleep and Chronobiology Laboratory at the University of Colorado Boulder. He has over 25 years of experience in the sleep and circadian fields, has led individual and multicenter/team research grants and has participated in multicenter clinical trials. His research is aimed at explaining the physiology of sleep and circadian rhythms in humans, understanding the health and safety consequences of sleep and circadian disruption, and applying that knowledge and sleep and circadian based countermeasures to improve public health and safety; including development of circadian based/light treatment strategies to improve sleep and circadian health. Prof. Wright is committed to training the next generation of leaders in the sleep and circadian field. He maintains a large undergraduate, graduate and postgraduate training program in sleep and circadian physiology at University of Colorado Boulder. He has published over 100 peer-reviewed manuscripts and is a frequent reviewer for national and international grant agencies and journals. He currently serves on the Board of Directors of the Sleep Research Society and is a member of the Governmental Affairs Committee of the Society for Research on Biological Rhythms. Prof. Wright has served on the Sleep Disorders Research Advisory Board (SDRAB) of the National Institutes of Health (NIH) National Heart, Lung, and Blood Institute.