Professor Matthias H. Tschöp received his M.D. from Ludwig Maximilian University of Munich, where he also trained as a physician in internal medicine. In 1998 he accepted an invitation for a postdoctoral fellowship at the Eli Lilly Research Laboratories in Indianapolis, USA, before returning to Europe in 2002 to establish his independent research laboratory at the German Institute of Human Nutrition (DIfE) in Potsdam. He later returned to the United States where he joined the University of Cincinnati to ultimately serve as the Director of the Diabetes and Obesity Center of Excellence and Arthur Russell Morgan Endowed Chair of Medicine. In 2011, Matthias Tschöp accepted the position of Scientific Director of the Helmholtz Diabetes Center at Helmholtz Zentrum München and was named Chair of the Division of Metabolic Diseases at Technical University of Munich. Matthias Tschöp is the first German physician to receive the prestigious Alexander von Humboldt Professorship (2012). In 2012, he was named adjunct Professor at Yale University, USA. In 2013, he was elected into the German National Academy of Sciences (Leopoldina). Matthias Tschöp started the peer-reviewed open access journal Molecular Metabolism as Editor-in-Chief and in 2018 became CEO of the Helmholtz Center in Munich where ca. 2400 scientists and staff are working on novel personalised solutions for the emerging and future health challenges of our society.