

Dr Stephanie de Giorgio is a GP working in East Kent in the UK. She has been a GP for 11 years having had a career in Obstetrics and Gynaecology before that. She has been a trainer of GPs and works nationally teaching GPs to ensure they keep up to date with current practice.

Her professional interest in obesity stemmed from her own experience of the condition and subsequent bariatric surgery. She has helped feedback and develop upon a learning module for GPs and uses her network to improve GP education and reduce stigma about obesity both in the medical profession and wider society through her work with the #obsmuk social media team and GP education groups.